



TREKKING ITINERARY

GHT Makalu Barun Section, Lower Trail

MAKALU BARUN	
DAY 1	Fly from Kathmandu to Bhadrapur, drive to <u>Ilam</u> - about 3,5 hours **
DAY 2	Drive from Ilam to <u>Dobhan</u> (648m), via <u>Phidim</u> - about 5,5 hours
DAY 3	Trek to <u>Gorcha</u> (2.013m) - about 4,5 hours
DAY 4	Trek to <u>Deurali Banjyang</u> (2.800m) - about 4 hours
DAY 5	Trek to <u>Nundhaki</u> (1.540m) - about 6 hours
DAY 6	Trek to <u>Bhanjyang Pucha</u> (824m) - about 5 hours
DAY 7	Trek to <u>Khadbari</u> (1.041m) - about 6 hours
DAY 8	Drive to <u>Tumlingtar</u> (410m) and fly to Kathmandu

TREKKING TIPS

TREKKING TIME	8 days
DIFFICULTY	Easy
HIGHEST POINT	2.800m, Deurali Banjyang
ACCOMMODATION	Teahouses / Camping (tent recommended)
PERMITS NEEDED	TIMS

** Ilam - Dobhan

After our flight to Bhadrapur in South East Nepal, we have a nine-hour jeep ride, which we split up in two days. The road is passing through beautiful landscapes with tea plantations in Ilam, Nepal's famous tea district. We stay overnight in Ilam and the next day we drive to Dobhan via Phidim. Dobhan is a charming small bazaar town.

CONTACT

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